

ICE CREAM.

REGULAR CONE \$3 WAFFLE CONE \$4 SMALL \$3.50 MEDIUM \$5.50 LARGE \$8

SUNDAES.

Banana split.

BANANAS, WALNUTS, HOT FUDGE AND CARAMEL OVER VANILLA & CHOCOLATE ICE CREAM.

S'more.

HOT FUDGE, MARSHMALLOW AND GRAHAM CRACKER PIECES.

Hot mess.

BROWNIE, HOT FUDGE, CARAMEL, WALNUTS.

Frankenstein.

CREATE YOUR OWN MONSTER. (PICK 3.)

\$6

HAND-SPUN SHAKES.

Vanilla. \$5

Chocolate. \$5

Black & White. \$5

Strawberry. \$5

Grasshopper. \$6
HOMEMADE MINT SYRUP, HOT FUDGE, OREO PIECES & VANILLA SOFT SERVE.

Dirty monkey. \$6
HOT FUDGE, BANANAS AND VANILLA SOFT SERVE.

Pomegranate. \$6
FRESH BLUEBERRIES, POMEGRANATE SYRUP AND FROGURT.

Berries & cream. \$6
FRESH'S OWN JAM WITH YOUR CHOICE OF SOFT SERVE OR FROGURT.

Nutella. \$6
NUTELLA & CHOCOLATE SOFT SERVE.

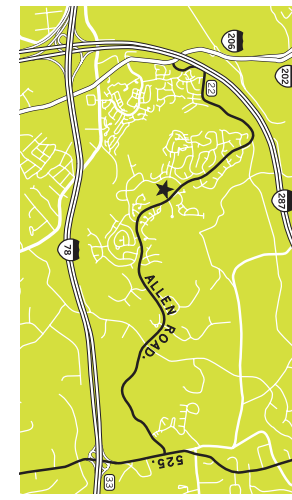
Mocha. \$6
FRESH BLEND COFFEE, CHOCOLATE SYRUP AND SOFT SERVE.

MYO. \$6
MAKE YOUR OWN. (ADD 3.)

MIX INS.

HOT FUDGE
CARAMEL
RAINBOW SPRINKLES
SEASONAL FRESH FRUIT

GRANOLA
BANANAS
WALNUTS
HOUSE JAM
OREO PIECES
PEANUT BUTTER CUPS
VAHLRONA CHOCOLATE CHIPS



DAILY LUNCH SPECIALS AT WWW.IWANTFRESHFOOD.COM



562 ALLEN ROAD.
BASKING RIDGE NJ 07920.

Fresh.

Fresh.

FOOD. FROM THE GROUND UP.™

ABOUT US.

AT FRESH WE OFFER ARTISANAL HAND-MADE FOODS SUPPORTED BY A COMMUNITY OF LOCAL FARMERS, PURVEYORS, BAKERS AND COFFEE ROASTERS. WE MAKE ALL OF OUR FOOD FROM SCRATCH, USING LOCALLY GROWN INGREDIENTS WHENEVER POSSIBLE.

WWW.IWANTFRESHFOOD.COM

908.719.9100.

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BASKING RIDGE NJ 07920.

11:30 AM — 8:30 PM MONDAY — SATURDAY.



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BLUE PLATE.

MONDAY.

Lou's meatloaf.

ALL NATURAL BEEF, APPLE WOOD BACON & SPICY KETCHUP WITH BUTTERMILK CHIVE MASHED POTATOES.

\$ 14⁹⁵

TUESDAY.

¡Què fresca!

WEEKLY LATIN PLATE.

[MARKET PRICE.]

WEDNESDAY.

Short ribs.

ALL NATURAL BRAISED BEEF SHORT RIBS & SCALLION CHEDDAR GRITS.

\$ 15⁹⁵

THURSDAY.

Herb roasted chicken.

ALL NATURAL CHICKEN, FARMHOUSE STUFFING & SEASONAL VEG.

\$ 13⁹⁵

FRIDAY.

Catch of the day.

FRESH FISH WITH SEASONAL VEGGIE.

[MARKET PRICE.]

SATURDAY.

Chicken milanese.

ALL NATURAL BREADED CHICKEN CUTLET WITH ROSEMARY ROASTED POTATOES & ARUGULA SALAD.

\$ 14⁹⁵

ALLERGIES? ASK US.

SANDWICHES.

COOL.

Mediterranean tuna.

POLE CAUGHT TUNA, CAPERS, RED ONION AND ARUGULA DRESSED WITH LEMON & OLIVE OIL ON BAGUETTE.

Egg salad.

ORGANIC EGGS, MAYO, COLEMAN'S MUSTARD, CHIVES AND MESCLUN ON SEVEN GRAIN.

Chicken salad.

ORGANIC CHICKEN, WALNUTS, RED ONION, CRANBERRIES AND HOMEMADE MAYO ON A BRIOCHE BUN.

Fresh mozzarella.

MOZZARELLA, LUCKY'S TOMATOES, BASIL, OLIVE OIL AND SEA SALT ON CIABATTA.

+ PROSCIUTTO.

Country ham.

SMOKED ARTISANAL HAM, BRIE, GRANNY SMITH APPLE, LOCAL WILDFLOWER HONEY AND WHOLEGRAIN MUSTARD ON BAGUETTE.

Local hero.

FRA'MANI SALAMI, SMOKED HAM, PROVOLONE, PICKLED RED PEPPERS, TOMATOES, AND SHREDDED ICEBERG ON CIABATTA.

Fresh club.

ROASTED ORGANIC TURKEY, FARMHOUSE CHEDDAR, APPLEWOOD SMOKED BACON, ROASTED TOMATO, AND HERB AIOLI ON PULLMAN.

WARM.

BLT.

APPLEWOOD-SMOKED BACON, ROASTED PLUM TOMATOES, AVOCADO AND SPICY MAYO ON SEVEN-GRAIN.

Grilled cheese.

FARMHOUSE CHEDDAR, PROVOLONE OR SWISS ON CHOICE OF BREAD.

+ TOMATOES, APPLEWOOD SMOKED BACON, OR COUNTRY HAM.

Chicken breast.

ORGANIC CHICKEN, FRESH MOZZARELLA, ROASTED PLUM TOMATO, ARUGULA, AND HERB MAYO ON CIABATTA.

Slow roasted pork.

SLOW-ROASTED BERKSHIRE PORK SHOULDER WITH CAROLINA VINEGAR SAUCE, PICKLE CHIPS AND HOUSE MADE SLAW ON A BRIOCHE BUN.

Turkey Reuben.

ROASTED ORGANIC TURKEY, SWISS AND KRAUT WITH HOMEMADE RUSSIAN DRESSING ON RYE BREAD.

Grilled portabello.

PORTABELLO, COACH FARM GOAT CHEESE AND ROASTED PLUM TOMATOES ON CIABATTA.

Fresh burger.

100% ALL-NATURAL BEEF.

SINGLE \$5⁷⁵ DOUBLE \$9⁹⁵

+ CHEESE, BACON OR AVOCADO.

Organic dog.

+ BROOKLYN-STYLE MUSTARD AND KRAUT.

+ CHICAGO-STYLE ONION, PICKLES, ICEBERG AND CELERY SALT.

Egg sandwich.

PICK TWO: TOMATOES, APPLEWOOD-SMOKED BACON, COUNTRY HAM, FARMHOUSE CHEDDAR, PROVOLONE OR SWISS.

\$ 8⁹⁵

\$ 7⁵⁰

\$ 8⁹⁵

\$ 7⁹⁵

\$ 2

\$ 8²⁵

\$ 8⁹⁵

\$ 8⁷⁵

\$ 8⁹⁵

\$ 5⁵⁰

\$ 1

\$ 8⁹⁵

\$ 8⁹⁵

\$ 8⁵⁰

\$ 7⁹⁵

\$ 1

\$ 3⁹⁵

\$ 1

\$ 1

\$ 5⁹⁵

SALADS.

Vietnamese chicken.

ORGANIC CHICKEN, CABBAGE, CARROT, RED PEPPER, SCALLIONS & MINT WITH SPICY GINGER LIME DRESSING.

Classic Caesar.

ROMAINE, HOMEMADE CROUTONS, SHAVED PARMESAN.

+ CHICKEN OR PORTABELLO.

Chopped.

MESCLUN & BIBB LETTUCE, GREEN BEANS, CELERY, ONION, CUCUMBER AND TOMATO.

+ TUNA OR CHICKEN.

Iceberg wedge.

APPLEWOOD-SMOKED BACON, RED ONION AND CHIVES WITH BLUE CHEESE.

Nicoise.

POLE CAUGHT TUNA, STRING BEANS, OLIVES, EGG, TOMATO AND BIBB LETTUCE DRESSED IN LEMON VINAIGRETTE.

Portabello.

PORTABELLO, ROASTED TOMATO, MESCLUN AND SHAVED PARMESAN WITH OLIVE OIL AND AGED BALSAMIC.

Turkey cobb.

ROASTED ORGANIC TURKEY, BACON, AVOCADO, RED ONION, EGG AND TOMATO WITH BUTTERMILK RANCH.

Goat cheese.

ORGANIC GOAT CHEESE, GRANNY SMITH APPLE, ARUGULA AND CANDIED WALNUTS WITH AGED BALSAMIC.

Greek.

TOMATO, FETA, RED ONION, CUCUMBER, OLIVES, AND PEPPERS WITH BALSAMIC.

+ TUNA OR CHICKEN.

Chef's.

FRA'MANI SALAMI, COUNTRY HAM, ORGANIC TURKEY, SWISS, EGG AND TOMATOES WITH HOMEMADE RUSSIAN DRESSING.

Mozzarella.

FRESH MOZZARELLA, ROASTED PLUM TOMATO & ARUGULA WITH AGED BALSAMIC.

+ PROSCIUTTO

\$ 8⁵⁰

\$ 7⁵⁰

\$ 2

\$ 7⁹⁵

\$ 2

\$ 7⁵⁰

\$ 8⁹⁵

\$ 8⁵⁰

\$ 8⁹⁵

\$ 8²⁵

\$ 7⁹⁵

\$ 2

\$ 8⁹⁵

\$ 7⁹⁵

\$ 2

SOUPS.

Chicken every day.

\$ 3⁹⁵ \$ 5⁹⁵ \$ 8⁹⁵

Seasonal soup of the day.

\$ 3⁹⁵ \$ 5⁹⁵ \$ 8⁹⁵

EAT IN.
TAKE OUT.
CATERING.

DRINKS.

Fountain soda.

\$ 2 \$ 3

Boylan's.

\$ 2²⁵

Boylan's float.

\$ 4

Mash.

\$ 3

Coconut water.

\$ 2⁵⁰ \$ 5⁵⁰

House-brewed iced tea.

\$ 2⁵⁰

Seasonal ade.

\$ 3

Water.

\$ 1⁵⁰ \$ 3⁵⁰

Organic milk.

\$ 2

Coffee/tea.

\$ 1⁷⁵ \$ 2²⁵

Bottled tea.

\$ 2⁵⁰

SIDES.

Mixed organic greens.

\$ 5⁹⁵

Fresh buffalo wings.

\$ 7⁹⁵

Fries.

\$ 3⁹⁵ \$ 5⁹⁵

Onion strings.

\$ 3⁹⁵ \$ 5⁹⁵

Fried green tomatoes.

\$ 5⁹⁵

Buttermilk slaw.

\$ 3 \$ 5

Organic Tenders.

\$ 7⁹⁵

SWEETS.

Soft serve ice cream & frogurt.

\$ 3⁵⁰ \$ 5⁵⁰ \$ 8

House-made ice cream sandwiches.

\$ 3⁹⁵

Frozen banana dipped in chocolate.

\$ 3⁹⁵

Nutella & banana panino.

\$ 5⁹⁵

Bread pudding.

\$ 4

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